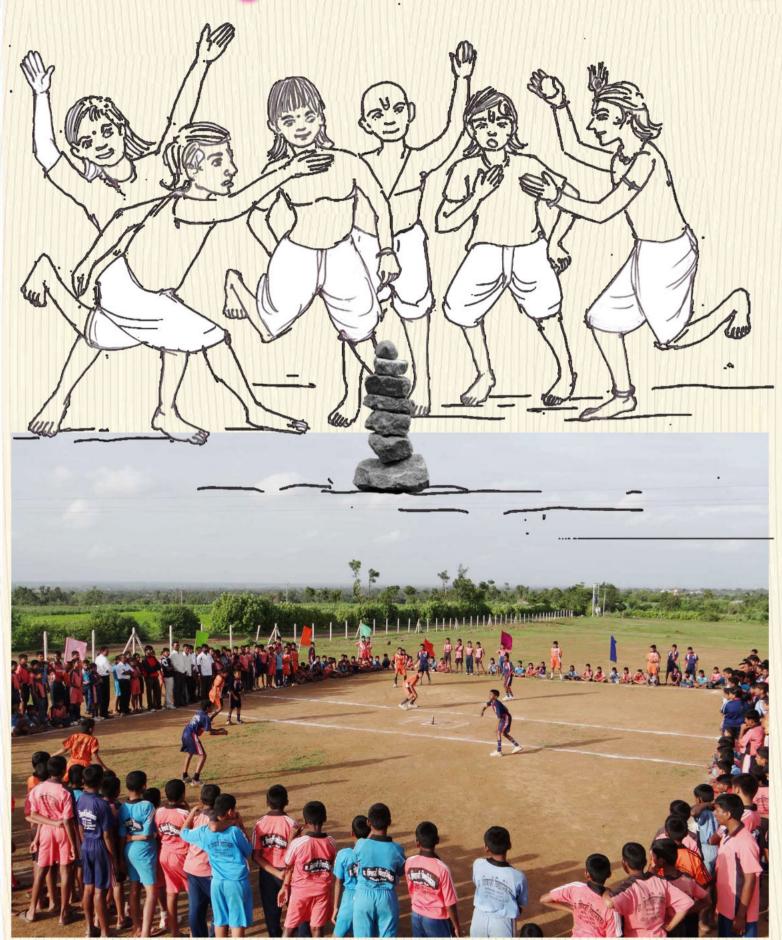


## Amateur Lagori Federation of India (Reg.)



Price: Rs. 54/-

## **PREFACE**

LAGORI is an Indian traditional game played in all the states of India with different names according to tradition. E.g. In Maharashtra it is called as Lingorchya, in Haryana & North India it is called as Pithyu, in Rajasthan & Gujarat it is called as Sitoliya, in Andhra Pradesh it is called as Yedu Penkulata, in Kerala it is called as Dabba Kaali & Tamilnadu it called as Ijhu Kaalum.

In this way, this game is in played Nationwide as a traditional game from the birth of Lord Shree Krishna who used to play this game with his friends. The name of this game "Lagori" is found in the story of Shree Krishna, noted in the chapter 272 to 317. The concept of Lagori game is found in the epics of Sant Eknath. This game is also introduced in the history of Peshwa.

Because of this, Lagori game is played along children & elders for enjoyment & entertainment. To develop Lagori game on National as well as International level, we have made various opinions & decisions about developing this game and we are trying to do this practically. since May 1991 we studied the rules & regulations followed in this game and we are trying to develop this game practically researching on it. Mr. Santosh Gurav has taken the lead to promote the Lagori game in all the districts of all the states in India and other countries. He and his colleagues have made all the rules and regulations that are followed in this game. They have informed and taught all the players about these rules and regulations.

This game is reached and promoted in 27 states of India and 12 Countries till today, 18<sup>th</sup> April 2013.

Shree Raju Dabhade sir is our idol for developing this game widely. We feel very proud to say that, the "Rollball" game created by him has developed & spread worldwide. To spread Lagori game at International & National level, we are sure that Shree Raju Dabhade sir will definitely help us in all manners.

Because of this, on 21 / 05 /2010, we have decided that by organizing, International Lagori Federation & Amateur Lagori Federation of India to provide pride to this game & develop its name worldwide.

If we talk about Lagori game, then it is a traditional game that can be played with enjoyment & recreation in schools, college, universities & also in other places. To play this game at International level in infrastructural manner & rules & regulations manner, with this intention, we have made the Rules & Regulations book which we have published recently.

We thank all the knowledged & unknowledged people who helped us to make the Rules & Regulations Book.

Thank You!

Krishna Kobnak Vice – President

## 1st MAHARASHTRA LAGORI PREMIER LEAGUE







2008











## "GREAT NEWS FOR LAGORI GAME DEVELOPMENT"

In 2008 when we Attended the Common Wealth Games held at Chhatrapati Shivaji Sankul Balewadi Pune. We came to know about a huge Statue of Lagori Game which is Coustructed, from huge stone. The complete history of the game is mentioned on a huge board near the statue. It is Approved by Maharashtra Sports Council & Common Wealth Games Committee. These are some of the snaps of the Statue. This Statue depicts the Grace & fame of the Lagori game.



## The Lagori

Lagori is the most complex popular children game in India, and is rather like Dodgeball on steroids. It is a pile of 7 stones heaped on above the other and hence called saat-pathar (seven stones), pittu and several other local names.

This is a team game played between two teams at least of 3 players each. A pile of 7 stones is arranged in the center of the court. Two teams, defending and attacking, stand on either side of the pile of the stones. The defending team attempts to knock down the pile with a

team attempts to knock down the pile with a tennis ball, from a throwing crease line. The team member knock down the pile but unfortunately someone from opposing team catches the ball, the entire defending team is out of the game and play switches the sides.

The new defending team hits the stack and knocks it down. The same team now tries to stack it back, while the attacking team

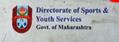
attempts to hit them with the tennis ball. If the defenders manage to restack all 7, they win. If the attackers manage to hit every one of them with the tennis ball before the restacking is complete, they win. The winner side shouts 'Lagori' to signal the end of game.

Disrupt the stack of 7 as little as possible and hit the running team members with accuracy that is the champion of the game.

The limited requirement of this game makes it trendy in children. Start this game in playground or even in an empty street. The game will go on and on for hours. Simple and interesting game ...... isn't it?

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AMATEUR LAGORI FEDERATION OF INDIA



# MITEMATISMAN AGGREE EFFERATIS

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**SCORESHEET** 



### 1.1 GENERAL PRINCIPLES

- The Lagori ground should be situated on a tract a grassy field, clay ground, wooden court, cement court, beach & it's should be design for games & Competition.
- On the Lagori ground, the natural objects such as tree, grove, low wall, should be avoided.
- The outer of the ground boundary can be set up as spectator area with references to the natural features.
- The ground design layout plan of the Lagori should be displayed at the ideal strategic visible location.

#### 1.2 LAGORI GROUND DESIGN

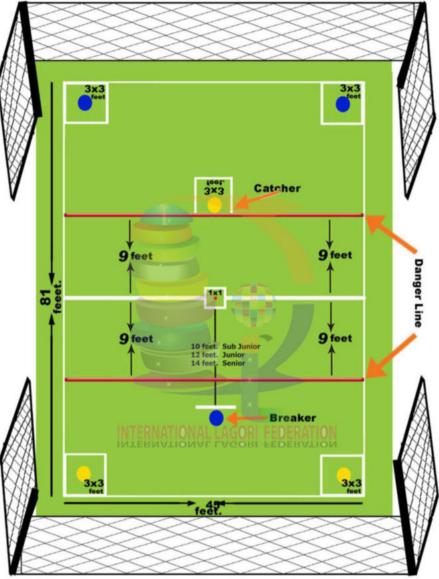
- The design of the Lagori ground shall comprise single in number
- The total length of the Lagori ground is approximate in Feet.
- In principles, the surface of the ground shall be even and smooth.

### 1.3 SPECIFICATION OF THE LAGORI GROUND

- Lagori ground is rectangular in shape with 81 feet in length & 45 feet in Width.
- There should be  $3\times3$  feet box on 4 corner of rectangular, as shown in figure below.
- A center line should be drawn from the center of the rectangular which divides rectangular in 2 equal parts.
- There should be box made in the center of the ground of 1squre feet to keep Lagori.
- The lines drawn from the center to both sides are Danger line which distance are,
  - ✓ 6 feet Mini group and Sub junior group.
  - ✓ 9 feet Junior group and Senior group.
- There is one 3×3 box Outside the Danger line to hold the position of CATCHER.
- The breaker line on ground from center point is,
  - 1) 10 feet Cub Class, Sub Junior
  - 2) 14 feet Junior, Senior
- The line drawn to make the ground should be 5 cm width.



#### 1.4 LAGORI GROUND DESIGN



\right - Seeker Team Player's



OLD LAGORI

LAGORI GROUND







www.indialagori.com email id- india.lagori@gmail.com

## **ACHIEVEMENTS OF LAGORI ON NATIONAL LEVEL**



Venue :- Madhal,Ponda, Goa, Date:- 10th to 12th May 2013





## **LAGORI EQUIPMENTS**

- Lagori equipment includes,
  - ✓ Ball
  - ✓ Lagori
  - ✓ Net
  - ✓ Whistle
  - ✓ Score Sheet
  - ✓ Stopwatch
  - ✓ Yellow & Red card.
  - ✓ Suppotter & Center Guard

The Lagori equipment's are certified as qualified by ALFI.

#### 2.1 SPECIFICATION OF EQUIPMENT

#### BALL

The ball shall be round sphere-shaped, made of rubber. The ball shall weigh not more than 85 gms and not less than 75 gms and shall measure not less than 210 mm and not more than 230 mm in circumferences. The ball to be used in the matches should have been approved by federation. The ball can only be changed until the permission of the umpire in the following condition.

- ✓ If the ball is lost or cracked
- ✓ If the ball is out shape.

#### LAGORI

Lagori includes 9 slab of PLASTIC.

Lagori slab include 9 slab which contains number from **Top Slab** no. 9, & going DOWNWARD such as 8,7,6,5,4,3,2 &1. LAGORI FEDERATION

	-	Weight (Kg)	Diameter (mm)
75 mm	9	0.034	39 mm
	8	0.014	42 mm
11	7	0.018	51 mm
1.1	6	0.022	57 mm
E	5	0.026	63 mm
Total	4	0.030	69 mm
Tota	3	0.034	75 mm
	2	0.036	81 mm
	1	0.045	84 mm



#### LAGORI TEAM

#### 3.1 ORGANIZATION OF LAGORI TEAM

- Team members and staffs: The team consists of team leaders, coach, manager, captain and team members.
- Each team can registered 9 players including the captain. For the game 5 of them can play in the game and 4 players will be out of the ground to pass the ball.

#### 3.2 PLAYERS

- The player who did not enter and register his / her name for the game, is not permitted to play in the game.
- Similar fashion outfit are required for players in the game recommend by Federation.

#### 3.3 CAPTAIN'S ROLE IN GAME

- If any team have doubt about the decision of referee then the captain of that team can appeal to Referee for Third Umpire decision
- If the players interchange after end of set, captain should inform that to referee and table.
- Before match starts, captain have compulsory present for toss.
- If any Technical queries and problem obtained during match then, only team captain have to face it and manage his own team himself.
- Captain can appeal to Referee for following decision,
  - ✓ One bounce Lagori break
  - ✓ One bounce catch
  - ✓ Alternate pass
  - ✓ Seventh pass
  - ✓ Line brake

#### PLAYERS UNIFORM BUYLONAL LAGORI FEDERATION 3.4

- In uniform: Half T-Shirt, Game Pant, Shoes, Socks, etc.
- In same way there should be 1 to 9 numbers printed on back side of T-Shirt.
- Player shall bring his / her identification tag for eligibility certification at all times.

#### FUNCTIONS AND RESPONSIBILITIES OF REFEREE. 4.

#### 4.1 REFEREE:

- Before the match starts 2 Referees shall be appointed to control the game as required by the laws with absolute impartiality.
- Before the toss and during the match, the referee shall satisfy with all equipments and ground marking.

### 4.2 CHIEF REFEREE (Third Referee)

- Understand the practice and conduct of game.
- Assign Referee to the game and notify the particulars for attention.
- Assist the referee to settle the problem arising in the execution of the game, Check the final scores.



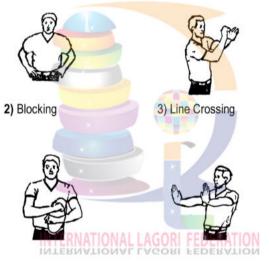
- Request to convene the protest committee in case an appeal or protest is submitted & report the incident to the committee
- Announce the Rules of play & the particulars for attention to the players in advance of playing if necessary.
- If Referee have any doubt regarding decision, then they ask for Chief Referee.
- Chief Referee gives decision only when Referees are requested. No one else appeal directly to Chief Referee.

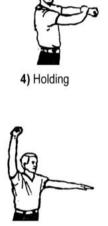
#### 4.3 LINEMEN

2 Linemen shall be assigned in game to assist Referee in Judging whether the player are crossing the boundary.

## 5. SIGNS AND SIGNALS OF REFEREE









5) Illegal use of leg

6) Traveling with Ball

7) Pushing

8) Personal foul, indicating player & showing place after watch again



9) One bounce



10) Team Out



11) Foul - hit above shoulder



12) Official time Out



13) Game Time Out



14) After Complete Lagori

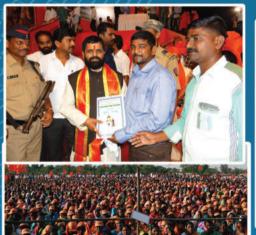


15) Time Up & end of game

## For this Golden Opening Ceremony of LAGORI RULE BOOK

5 Honourable members of the 15th Lok Sabha of India, Dr. Manohar Joshi (Ex.President of Lok Sabha & Ex.Minister), Mr.Anant Geete, Mr.Sanjay Raut, Mr.Anil Desai, Mr. Gajanan Babar, Mr.Subhash Desai (Shiv Sena Leader), also 8 MLA'S, Mr.Bharat Gogavale, Dr. Neelam Gore, Mr.Vinod Ghosalkar, Mr. Anant Tare & Mr.Subhash Desai (Shiv Sena Leader) & 3,00,000 Public are present to give best wishes to Lagori & to Mr. Santosh P. Gurav (Secretary ALFI) & Mr. Krishna Kobnak (Vice-President) and his team for done a Grateful and Honourable job of developing Indian traditional game LAGORI.







## PROMOTING THE LAGORI GAME ON NATIONAL LEVEL





## THE GAME

Lagori game is conducted in accordance with the Rules and Regulation of the ALFI.

#### 6.1. GENERAL PRINCIPLES

- The team who Break the Lagori, is called as "Seeker team" and another is "Hitter team"
- Match will be best of three set, and one set is of 3 minute.
- After each set there will be a gap of 30 second.
- If the Player is not in Proper kit then he cannot play the match, the team coach or team manager has to change the player.
- If the Player of any team is injured then the captain or team coach can Change the Player.
- If the Player is not injured then the captain or team coach cannot Change the Player before over the set.
- Game shall continue till the end of time or Seeker gets Out.
- One Player can played only 2 sets

#### 6.2 PROCEDURE OF COMPETITION

#### THE START OF PLAY

- ✓ The teams shall start to play in accordance with the order of playing set by Referee or draw lot basis.
- ✓ Both captains from announced team have tossed with present of Referee.
- ✓ The team who won the toss chooses the side to play.
- ✓ Before starting the game both the teams have to take correct position.
- ✓ Game does not start till referee get satisfied with position.
- ✓ After indication and whistle of referee, game will be started.
- ✓ In case the team in the game is five minutes late or refuses to play after the Referee announced the start for play, then opposite team is declared as Winner.

#### PROCESS OF PLAY

- ✓ Players of the Seeker team throw a ball at Lagori to trying to knock them over.
- ✓ If they can, then the Seeker team tries to restore the Lagori.
- ✓ While the opposing team (Hitter team) tries to hit the ball at them.
- ✓ Hitter team should compulsory hit the ball without bounce, to out the Seeker team.
- ✓ The player compulsory does the Lagori in arranged numeric format.
- ✓ Hitter team does not carry the ball and walk.
- ✓ If the ball touches to any player of Seeker team, then his team gets out.
- ✓ If the Seeker is not under danger line area then Hitter does out him only below face in whole body.
- ✓ But if Seeker is placed under danger line then he should out when ball touches him in whole body.



- ✓ But the players from Seeker team can safeguard himself by touching the opposite team member, before they (Hitters) hit them.
- ✓ The Hitter team cannot out any Seekers player if the hitter is present inside
  the danger line area. (Located on the layout of lagori ground [1.4] drawn by
  red line.)
- ✓ Players, who Stands in 3 x 3 boxes, does not step out from box before Lagori is break.
- ✓ The ball came inside after gone from outside of the ground, Hitter should compulsorily pass the ball to opposite side to the center line inside the ground before hitting the Seekers.
- ✓ Clearly mark the boundary. If any of the Seekers crosses it then they are out.
- ✓ In the Seekers team every player gets 3 chances to knock down the lagori.
- ✓ If any one of the team can't break Lagori, then they get another extra chance to knock down the Lagori before 3 minutes.
- ✓ But if Seekers succeed to break Lagori in second chance, after restoring the Lagori they get half point of total score.
- ✓ If the Seeker breaks the lagori and catcher (Hitter) caught the ball directly without bounce then Seeker team is out.
- ✓ After hitting lagori, Seekers should compulsory touch it, otherwise they will obtain 0 score.
- ✓ If the Hitters received the ball then he/she should not keep the ball in hand more than 3 second.
- ✓ After 6 passes, there is compulsion of 7<sup>th</sup> pass that is Hit, to opposite team.
- ✓ The teams will play 3 set & the team who will win 2 sets is the Winner.
- ✓ If, match tie after 3 Set's also, then both teams will get 5 chances with alternate player to only break Lagori which is called GOLDEN HIT.
- ✓ The team who break most Lagori in 5 Chance that team will win the Match.
- ✓ If match still tie after Golden hit also then the another 4 players get chance for golden hit and it continue till anyone missed the chance.

#### 6.3 SKILLS

- ✓ Breaking the Lagori, Receiving the ball.
- ✓ Passing, Defence.
- ✓ Building the pile of Lagori.
- ✓ Distracting the opposite team from building the Lagori.

## INFRACTION OF RULES IN GAME

#### 7.1 PENALTIES

- If Seeker is not under danger line and ball hit by Hitter on his face than it is a foul.
- The players if holds, pushes or blocking each other then it is a foul.



- If a team intentionally drops the Lagori, then the referee gives a foul.
- After 6<sup>th</sup> continuous passes, if there is no hit to Seeker then it is a foul.
- If a team makes 3 fouls in set, then opposite team will receive 1point,
   if a team makes 5 fouls in set, then opposite team will receive 2 point,
   if a team makes 9 fouls in set, then opposite team will receive 10 point.

#### 7.2 YELLOW CARD

- If the player argues with the official or referee then he will be given a yellow card.
- If the Lagori is dropped by the Hitter, then the Referee will show the yellow card.
- If the player is Pushing ,Holding,Blocking etc.

#### 7.3 RED CARD

• If the player does the same mistake again and again then the player will be given a red card and disqualified the match.

#### 7.4 SUBSTITUTION

- If the player has any injury during the game, then only with permission of Referee and Doctor, the player can be substituted.
- If the Referee and Doctor does not give the permission, the player has to play.
- Even then the team wants substitution, then the Chief Referee can take the decision.
- If the set is over then the player can be changed.

## **TIMEOUT**

#### 8.1 OFFICIAL TIMEOUT

- If any doubts obtained during the match.
- If decision pending for third Umpire
- If any arguments on ground during match
- If any technical problem obtained regarding game

#### 8.2 GAME TIMEOUT

- After complete Lagori
- If any player get injured during game
- If team captain demanded for any objection
- If Lagori breaks in one bounce then for arranging Lagori.





## BENEFITS OF THE GAME

#### 1. It enhances team coordination :-

It game helps the player to co-ordinate and co-operate with each other. In this game, each player need to pass the ball to other player, if there is no team co-ordination them the team may lose the game. That's why, it is necessary to have team co-ordination so as to win the game.

In this way all the player learn the significance of team co-ordination.

#### 2. It increases concentration:-

While playing this game, players need to concentrate properly during each & every hit, pass &out.

## 3. It sharpens our eye sight:-

While playing this game, players need to concentrate on each and every more of other team. Hence, eye sight is sharpened.

#### 4. It increases our stamina level:-

In this game, players need to run continuously to avoid getting out. Hence, running increases player's stamina level.

#### 5. It teaches players about team work:-

As this game is played between two teams, each player learns about team work. Team work creates friendliness among all the players.

### 6. It enhances motor fitness, alertness & activeness:-

In this game, after breaking the Lagori, all the players need to be quick & alert. One team needs to pass the ball quickly & the other team needs to rearrange the Lagori quickly. This enhances motor fitness in the players.

### 7. Playing Lagori Game regularly makes the player fit and healthy:-

In this game, both teams should be quick & alert. This game increases the gaming skills in the players. Players become alert during each & every hit, move, pass and stop the other team from rearranging the Lagori.

## 8. This game can be played by anyone from 3yrs to 60yrs:-

This game has no age barrier. Person of any age can play this game. This game if played regularly strengthens the person, enhances blood circulation in the body, increases immunity power & eventually makes the player healthy. This game can be played by kids as well as aged people for fun & enjoyment. This game provides player with happiness & fun.

## 9. This game can be played anywhere:-

This game can be played anywhere, indoor or outdoor, on beach & meadows, during all seasons. We can play this game even by using stones & paper ball.



### SCORESHEET:

## **AMATEUAR LAGORI FEDERATION OF INDIA**

	Event:		Cnampionship			
	:			=0.0		
Teams	Vs		Age Group:	Age Group:		
Team, A	A - Name of Team :  1st	5 6 7 8 9 10	Match No.: Toss Won By :  Uniform Color Time Secs	Score   Score   1		
No. U	Player	Fouls  1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5		8     9       10     10       11     11       12     13       13     14       15     15       16     17       18     18       19     20       21     21       22     22       23     23       24     24		
		Golden Hit - 1	2 3 4 5 6 7 8 9	Warning State 2nd 3		
	ets Won  3 - Name of Team:-  1st	5 6 7 8 9 10 5 6 7 8 9	Uniform Color Time + Secs	1st   2nd   3		
Team E	1st 1 2 3 4 2nd 1 2 3 4	Fouls  Fouls  1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4	Uniform Color Time  + Secs  1st 2nd 3rd	1st   2nd   3		
Team E	1st	Fouls  Fouls  1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4	Uniform Color Time  + Secs  1st 2nd 3rd	Score   Score   Score   1		
Team E	1st	Fouls  Fo	Uniform Color Time	Score   Scor		
Team E	Ist 1 2 3 4 2nd 1 2 3 4 3nd 1 2 3 4 Player  ets Won  Won By	Fouls  Fo	Uniform Color Time  +	Score   Score   Score   1		
Team E	Ist 1 2 3 4 2nd 1 2 3 4 3nd 1 2 3 4 Player  ets Won  Won By	Fouls  Fo	Uniform Color Time	Score   Score   1		

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## LAGORI SPORT REGULATIONS GAMES

RULES BOOK

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## ACHIEVEMENTS OF LAGORI ON INTERNATIONAL LEVEL

